

SKILL Share.

Creating Your Dream Career: Uncover & Apply Your Creative Strengths *with Holley M. Kholi-Murchison*

CLASS WORKSHEETS



Exercise One: Exploring Your Past

Identify the most profound experiences of your past that shaped your current values and interests.

Map out how and where you cultivated the skills and talents along your journey.

What patterns and themes do you notice across that timeline?

Exercise Two: Acknowledging What's Present

List the activities you do daily:

List the activities you do daily that bring you joy:

What skills do you use often?

Ask your friends about your strengths. What did they say?

Exercise Three: Envisioning Your Future

Write a list of clear goals for your career one year from now.

How and where will you work? What kind of people do you want as your future colleagues? Include any learning and financial goals.

Exercise Four: Charting a New Path

Create an Action Plan for the next three months.

Working backwards, identify all the things that need to be done to accomplish the goal or achieve the expected outcome. Then put each of those items in the Action Steps column and fill out the fields for that row. Make sure you break the goal into simple, specific action steps.

Goal / Expected Outcome: *List your "big" goal here*

Action Steps	Responsible	Deadline	Resources	Potential Barriers	Result
<i>What task will be done?</i>	<i>Who will do it?</i>	<i>By when?</i>	<i>What do you need to complete this step? (People, money, tools, etc.)</i>	<i>What could get in the way of task completion? How will you overcome them?</i>	<i>What is the outcome of the task?</i>