SEWING BASICS: MAKE YOUR OWN CLOTHING

DENISE BAYRON
WELCOME TO MY CLASS

Ever wish you had a closet full of clothing that you love and fits your body perfectly? Wave goodbye to fast fashion. In this class, you will learn the foundational sewing skills you need to begin a journey towards a handmade wardrobe.

- Denise

WHAT YOU’LL NEED:

- Sewing machine
- Bobbin
- Thread
- Fabric
- Cutting mat
- Shears or a rotary cutter
- Thread snips
- Sewing Ruler
- Pins
- Hem gauge
- Seam ripper
- Pen / marking tool
- Iron and Ironing Mat or Board
- Pinking shears (optional)

GET MY FAVORITE SEWING TOOLS ALL IN ONE PLACE

WWW.AMAZON.COM/SHOP/BAYRONHANDMADE

GET IT HERE

IG: @BAYRONHANDMADE   WEB: BAYRONHANDMADE.COM
Use this part of the pattern to sew a concave curve

Use this part of the pattern to sew a convex curve
**STANDARD SEAMS**

Sew a straight line of stitching at 1/2” seam allowance. Finish these seams with a Zig-Zag stitch, a serger, or pinking shears. If you have access to these tools, try all three options to see which you like best.

**CLEAN FINISH SEAMS**

Sew a straight line of stitching at 5/8” seam allowance.

Traditional method: Press the seam open. Fold and turn under 1/4”. Edgestitch the fold at 1/4” seam allowance without sewing through the main fabric.

My preferred method: Follow all the same steps but edgestitch the fold at 1/4” seam allowance and be sure to sew through the main fabric to make two decorative stitch lines at either side of the main seam.

**FRENCH SEAMS**

French Seams are sewn holding the wrong sides together.

Sew the first seamline at 1/4” SA. Trim the seam allowance in half to 1/8”. Press open.
Flip the fabric so that the right sides are touching.
Sew a second seamline at 3/8”. This second seamline will enclose the raw seam allowances. The total seam allowance is 5/8”.

**FLAT FELLED SEAMS**

Flat Felled Seams are sewn holding the wrong sides together.

Sew the first seamline at 5/8” SA. Press the seam open.
Trim (also called grading) one side down to 1/4” SA. Fold the longer seam allowance over the trimmed side and tuck under. Press.
Sew a second seamline along the folded edge (edge stitching).
NECKLINES AND ARMHOLES

You can draw your own necklines for these two exercises. Grab your favorite crew-neck t-shirt and trace the neckline

OR

use the rulers I suggested in the class supplies list here.

FACINGS

You can draw your own necklines for these two exercises. Grab your favorite crew-neck t-shirt and trace the neckline

OR

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HEM

Press side seams open OR press both seam allowances toward the back body of the garment.

Using a seam gauge, fold the hem up toward the wrong side at 1/2” and press. Turn the hem up one more time at 1” and press.

Option 1: Working from the right side of the fabric, topstitch the hem at 1” SA. Check to ensure you catch the hem as you go.

Option 2: Do as I did in the demo (easier) and work from the wrong side so that you can see what you’re doing. Edgestitch at 1” SA.
CLASS RESOURCES

SPECIAL UPGRADEDTOOLS

Buaisou - Indigo-dyed Pin Cushion

https://www.averbforkeepingwarm.com/products/buaisou-indigo-dyed-pin-cushion?_pos=1&_sid=631818f13&_ss=r

Merchant & Mills Pins

https://www.averbforkeepingwarm.com/products/merchant-mills-finest-sewing-needles?_pos=1&_sid=22c3845d1&_ss=r

LDH Scissors Midnight Edition Cutting Tools

https://lddy.no/ziv6

Use discount code bayronhandmade for 10% off

MY FAVORITE LOCAL FABRIC SHOPS

A Verb For Keeping Warm (featured in class) - Oakland, CA

https://www.averbforkeepingwarm.com/

Use discount code "DeniseSkills" to receive 10% off. One time use.

Stone Mountain & Daughter Fabrics - Berkeley, CA

https://stonemountainfabric.com/

Use discount code "Bayron20" to receive 20% off. One time use.
BLACK OWNED BUSINESSES AND RESOURCE LISTS

BIPOC in Fiber
https://www.instagram.com/bipocinfiber/

Black Makers Matter
https://www.instagram.com/blkmakersmatter/

Black Fiber Artists
https://www.instagram.com/blackfiberartists/

Fiber and Cloth Studio - Hand sewing kits
https://www.instagram.com/fibrandclothstudio/
https://fibrandcloth.com

Use discount code "Bayron10" to receive 10% off. One time use.

Melanated Fabrics
https://www.instagram.com/melanatedfabricsco/
https://www.melanatedfabrics.com/

Use discount code "Bayron10" to receive 10% off. One time use.

THANK YOU!