

## POPPY INSTRUCTIONS

- 18 gauge cloth covered floral wire
- 90 gram Italian crepe paper (in various colors)
- 160 g German crepe paper (green)
- Spun cotton ball
- Acrylic paint (in a dark green)
- Paintbrush
- Green floral tape
- Scissors
- Glue Stick
- Hot glue gun/glue sticks
- Tacky Glue
- Templates
- Tubing
- OPTIONAL: pastels

### Part 1 -- Flower Center:

1. To create the poppy pods, use your hot glue gun to glue one spun cotton ball onto a piece of floral wire.
2. Paint the spun cotton with an acrylic paint in a dark green tone. You can do 1-2 coats of paint, this is up to you. Let your pod fully dry.
3. Once dry, take your plastic tubing and feed it through the wire. Use your hot glue gun to glue both the top of the tubing to the pod and then to seal the bottom.
4. Next, take your green floral tape and stretch it to activate the glue. You will pull and twist between your fingers so that it now looks like string.
5. Wrap multiple times underneath the pod to bulk up the base. Take your time while bringing the tape over the top of the pod to create a wheel spoke pattern. Finish securing your pod by wrapping the tape multiple times around the base of the pod and finish it with hot glue.
6. Next, let's make the stamens. Take two rectangles of pale green and one rectangle of goldenrod yellow. Use your glue stick to completely cover the first green rectangle. You will affix it to your yellow rectangle with just a couple mm of yellow peeking out

*For personal use only. The reproduction, distribution or sale of this material is prohibited without written permission. Do not distribute or copy this guide to others as this was made solely for this workshop.*

the top of the green. Press tightly to make sure that the rectangle is fully glued and smooth. Repeat the same steps with the second rectangle on the opposite side of the yellow rectangle. In the end, you will have a single rectangle with a piece of yellow paper sandwiched between two pieces of green paper. Let dry.

7. Once it's fully dried, you will cut as thin of fringe as possible down  $\frac{2}{3}$  of the fringe. Take your time and make sure to leave the bottom  $\frac{1}{3}$  of the stamen intact.
8. After you've finished fringing, dot glue down the bottom  $\frac{1}{3}$  edge of the fringe and affix it to the pod. The fringe should be hugging the pod. Think of the pod like an egg that is sitting in the 'nest' of the fringe. Keep the bottom edges of the fringe even and press tightly to make sure there are no gaps or air pockets.

## Part 2 -- Petals:

1. See measurements for the size of rectangles to cut your petals.  
Note: There are 2 different types of petals.  
Petal A: 3 petals  
Petal B: 2 petals
2. Both petals will be cut in the same way. You will fold each rectangle in half and cut in a curve both up and then make the same cut down so that you are left with a mushroom cap shape.
3. After you've cut your 5 petals, we will add coloring to the petals.  
(This is an optional step.) Use a pastel of your choice down the bottom  $\frac{1}{3}$  of your petals. You will add color to all five petals in the same way. You can build the color saturation as much or as little as you like.
4. After you've colored your petals, it's time to give them that ethereal poppy shape. Lay your petal on a flat surface and then accordion fold the entirety of the petal. Twist the petal back and forth then slowly open your petal.
5. After shaping your petals, it is time for petal placement.
6. We will be attaching the three Petal A's first. Place the first A petal onto your flower center. It doesn't matter where as we will build the rest of the petals off of where you begin. Next, take your second Petal A and overlap it halfway behind your first Petal A. For your third and last Petal A, attach it directly across from your first two overlapped petals.

*For personal use only. The reproduction, distribution or sale of this material is prohibited without written permission. Do not distribute or copy this guide to others as this was made solely for this workshop.*

7. Finally, you will attach both Petal B's into the two gaps left by your A petals. Remember to look at your flower from above and make adjustments as you go.
8. To finish your poppy, dot glue down strips of green and wrap from directly underneath the petals and wrap the entirety of the stem.