

# PLOT WORKSHEET

## • STORY IDEA •

📝 Complete the sentence: *I want to know why...*

## • WHO: CHARACTER •

📝 Who is your main character?

📝 Write ten facts about your main character, including a mix of demographic facts and facts that may not be visible to the outside world:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

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📝 What is your main character's outside goal and outside obstacle?

- Outside goal:
  
- Outside obstacle:

📝 What is your main character's inside goal and inside obstacle?

- Inside goal:
  
- Inside obstacle:

📝 Who is your supporting character?

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## • WHEN AND WHERE: SETTING •

✎ Write three paragraphs describing where and when your story is set, including descriptions from all five senses:

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## • WHAT AND WHY: SCENE AND STRUCTURE •

📎 What is your character's core believe?

📎 Pit your character's outside goal and inside goal against one another in a way that forces them to confront their core belief and make a change or decision.

*Example: "In order to achieve [Outside Goal], your character must confront [Inside Goal] by..."*

📎 Write a one paragraph summary of your story, focusing on external action (if this was a movie, what would the camera see?):

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Now break down the action of your paragraph into three scenes:

## Beginning/inciting event:

- 📝 How does your character feel at the beginning of the scene?
  
  
  
  
  
  
  
  
  
  
- 📝 How does she feel at the end of the scene?
  
  
  
  
  
  
  
  
  
  
- 📝 What decision does your character make, and how do they change as a result?

## Middle/rising action:

- 📝 How does your character feel at the beginning of the scene?
  
  
  
  
  
  
  
  
  
  
- 📝 How does she feel at the end of the scene?
  
  
  
  
  
  
  
  
  
  
- 📝 What decision does your character make, and how do they change as a result?

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End/falling action:

✎ How does your character feel at the beginning of the scene?

✎ How does she feel at the end of the scene?

✎ What decision does your character make, and how do they change as a result?

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## • HOW: PERSPECTIVE, SHOWING AND TELLING •

✎ Write a brief first draft of your story incorporating the previous exercises, plus perspective, showing, and telling to amplify the action. Start with one paragraph each for the beginning, middle, and end. Once you're done, you'll have a plot-driven rough draft ready for revision!